

ALERT Cadet Handbooks Overview *updated April 2009*

Handbook	Phase	Scripture	Character	Life Skill	Service	Adventure Project	Physical Training
<i>Novice</i>	1	Psalms 139:1-12	Responsibility	Uniform Care	Home		Strenuous life/ daily PT
	2	Psalms 139:13-24	Deference	Camping		Home campout	Strength goals, test
	3	Proverbs 3:1-10	Faith	Journaling	Church		Endurance goals, test
	4	Proverbs 3:11-20	Diligence	Pocket knife		Overnight car camping	Flexibility goals, test
	5	Proverbs 3:21-35	Punctuality	Scripture meditation	Community		ALERT Cadet PT test
	6	Psalms 92:1-15	Gratefulness	Personal hygiene		Overnight camp/day hike-pack	Daily PT, post-test
<i>Pilgrim</i>	1	Philippians 1:1-17	Humility	Salvation testimony	Project		Daily PT, pretest
	2	Philippians 1:18-2:5	Resourcefulness	Selecting a backpack		5-mile hike with day pack	Daily PT, progress test
	3	Philippians 2:6-24	Flexibility	Backpack cooking	Project		Daily PT, progress test
	4	Phil. 2:25-3:12	Wisdom	How to pack a backpack		Overnight backpacking trip	Daily PT, progress test
	5	Phil 3:13-4:7	Alertness	Auto emergency prep.	Project		Daily PT, progress test
	6	Phil 4:8-23	Availability	Making public presentations		Multi-day backpacking trip	Daily PT, post-test
<i>Craftsman</i>	1	James 1:1-18	Discretion	Share the Gospel	Project		Daily PT, bike safety, pretest
	2	James 1:19-2:9	Determination	Orienteering		20-mile bicycle trip	Daily PT, progress test
	3	James 2:10-26	Orderliness	Bike maintenance/repair	Project		Daily PT, progress test
	4	James 3:1-18	Availability	Time management		50-mile bicycle trip	Daily PT, progress test
	5	James 4:1-17	Thoroughness	Wood finishing	Project		Daily PT, progress test
	6	James 5:1-20	Endurance	Organization		100-mile bicycle trip	Daily PT, post-test
<i>Servant</i>	1	I Timothy 1:1-18	Boldness	Bridge Illustration	Project		Daily PT, pretest
	2	I Timothy 1:19-3:2	Enthusiasm	Lead games		Father/son games challenge	Daily PT, progress test
	3	I Timothy 3:3-4:5	Thriftiness	Event planning	Project		Daily PT, progress test
	4	I Timothy 4:6-5:8	Love	Group leadership		Neighborhood families' games day	Daily PT, progress test
	5	I Timothy 5:9-6:2	Sensitivity	Defending your faith	Project		Daily PT, progress test
	6	I Timothy 6:3-21	Hospitality	Plan food for groups		Neighborhood gathering	Daily PT, post-test
<i>Soldier</i>	1	II Timothy 1:1-12	Compassion	Grassroots ministry	Project		Daily PT, pretest
	2	II Timothy 1:13-2:6	Creativity	Outdoor shelters		Wood project	Daily PT, progress test
	3	II Timothy 2:7-18	Security	Obstacle course	Project		Daily PT, progress test
	4	II Timothy 2:19-3:5	Cautiousness	Landscape, tree work		Build a lawn chair	Daily PT, progress test
	5	II Timothy 3:6-4:6	Initiative	Wilderness shelters	Project		Daily PT, progress test
	6	II Timothy 4:7-22	Patience	Discipleship		Build a swing set	Daily PT, post-test
<i>Truth Seeker</i>	1		Sincerity	Ministry to widows	Project		Daily PT, pretest
	2		Truthfulness	Cartography/Topography		Rock climbing	Daily PT, progress test
	3		Dependability	Power tools	Project		Daily PT, progress test
	4		Obedience	Home building		Rappelling	Daily PT, progress test
	5		Tolerance	Landscaping	Project		Daily PT, progress test
	6		Generosity	Financial management		Rock climb/rappelling	Daily PT, post-test
<i>Life Giver</i>	1		Gentleness	Minister to orphans	Project		Daily PT, ALERT req.
	2		Discernment	Crisis response		Deployment preparation	Daily PT, progress test
	3		Justice	Levers, safety	Project		Daily PT, progress test
	4		Attentiveness	Emergency first aid		Deployment	Daily PT, progress test
	5		Contentment	Major home repair	Project		Daily PT, progress test
	6		Virtue	Counseling		Deployment evaluation	Daily PT, post- test