

Northwest Regional Camp 2008 Packing List

Food, Cooking, and Eating

- Campfire food (marshmallows, hot dogs, sausages, and other “healthy” foods)
- Stockpot
- Camp stove/fuel cartridge (if you have them)
- Skillet + spatula (if you have Camping ones)

Health and Hygiene

- Shaving accessories (if needed)
- Toothbrush/toothpaste/floss
- Soap
- Paper towels
- Comb
- Cotton towel + wash cloth
- Lotion/sunscreen/Bug repellent (optional)
- Lip balm (optional)
- Mirror (optional)
- Medication (including Tec-Nu for poison oak)
- Basic First-aid kit

Clothing

- Hat
- Shirts – dark green T-shirts or Polos (ALERT Cadet Shirts preferred)*
*One ALERT Cadet Shirt will be provided at Camp Check In
- Sweatshirt/jacket
- Long pants/shorts – khaki pants (prefer BDUs)
- Sweatpants (optional)
- Extra socks
- Hiking boots
- Tennis shoes
- Rain gear
- Underclothing
- Belt
- Gloves for Rappelling (if you don't have them we will have some pairs)

Other

- KJV Bible (Please bring a KJV Version, so that we all read the same words.)
- Water Bottle (two would be better)
- Journal or notebook + Pen or pencil
- Matches or lighter
- Rope (to hang wet clothes)
- Trash bags (dirty clothes, trash, shoes)
- Pocket Knife (Do not try to carry on airplane)
- Flashlight (s) + batteries
- Camera/film/memory card/batteries
- Backpack
- Map and compass
- Sewing kit (optional)
- Binoculars (optional)
- Sleeping bag (Bunk beds in permanent tents have mattresses.)
- Pillow (optional)
- Radio and/or walkie-talkies
- Fishing gear
- GPS (if you have one)
- Work Gloves
- Softer Rubber Balls (slightly deflated are best – for Fawver Center Dodge Ball)